

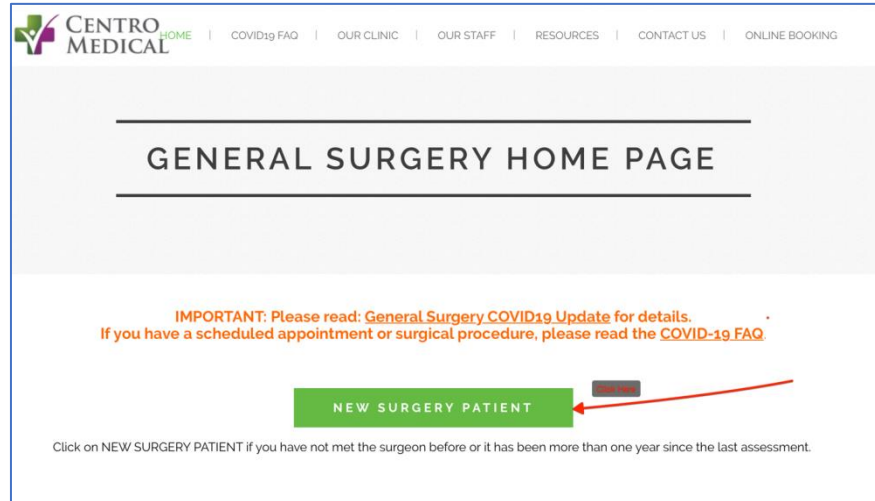
# STEP-BY-STEP GUIDE TO START THE THRIVE HEALTH QUESTIONNAIRE

## STEP 1

- In your internet web browser, go to [centromedical.ca/surgery/](https://centromedical.ca/surgery/)

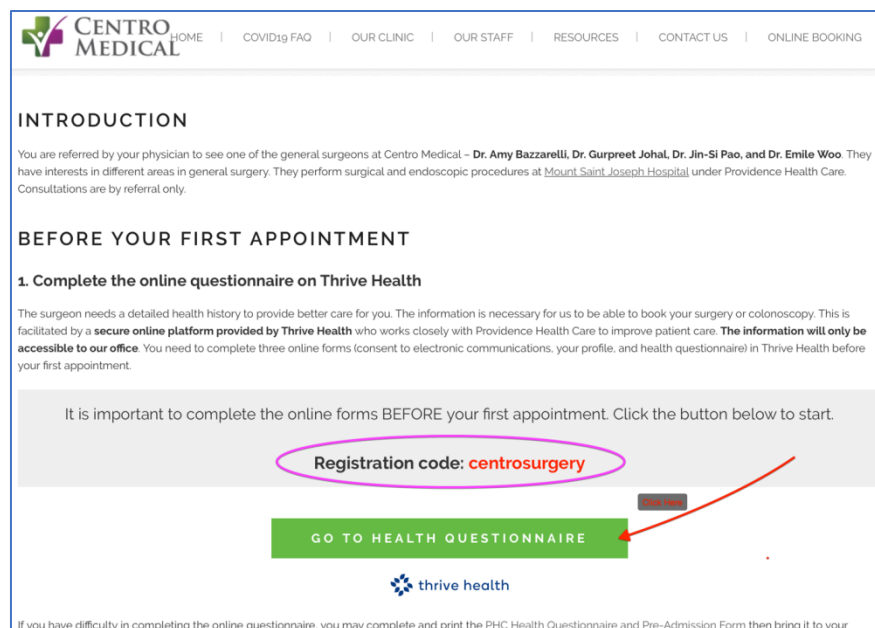
## STEP 2

- Click on **“NEW SURGERY PATIENT”**
- Read through the information on this page.



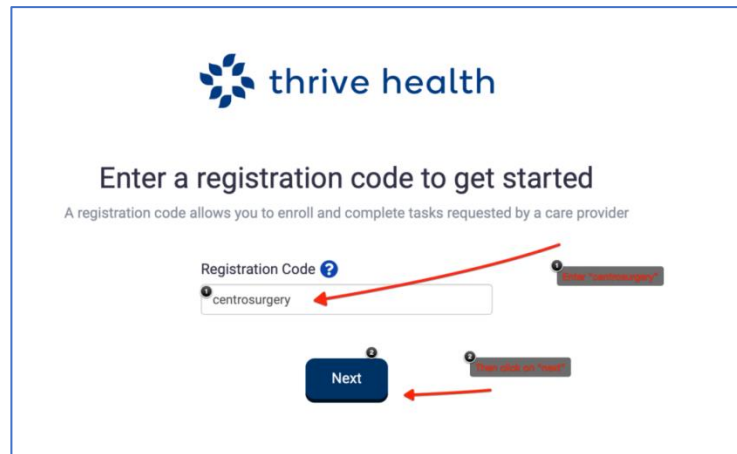
## STEP 3

- Click on **“GO TO HEALTH QUESTIONNAIRE”**
- This takes you to the Thrive Health secure online platform who works closely with Providence Health Care to improve patient care. The information will only be accessible to our office. Please note that the **Registration code** is **centrosurgery**.



#### **STEP 4**

- At the Thrive health website, enter the **Registration code: centrosurgery**.
- Click **Next**.



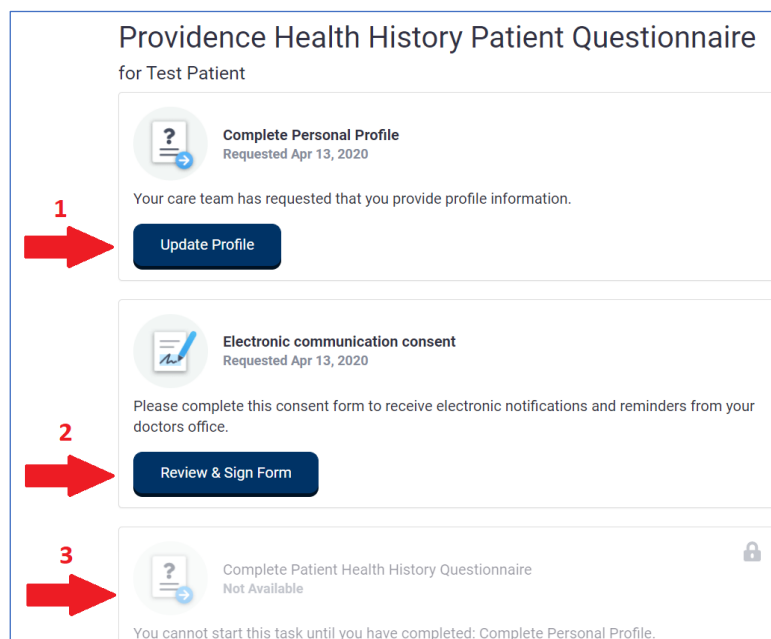
The screenshot shows the Thrive Health logo at the top. Below it, the text reads "Enter a registration code to get started" and "A registration code allows you to enroll and complete tasks requested by a care provider". There is a text input field labeled "Registration Code" with a question mark icon, containing the text "centrosurgery". A red arrow points from the "centrosurgery" text to the input field. Below the input field is a blue button labeled "Next". Another red arrow points from the "Next" button to the right. There are also some small grey boxes with question marks and red arrows pointing to them, likely indicating where to click for help.

#### **STEP 5**

- Follow the on-screen instructions to register with Thrive Health.
- You will be asked to review their Privacy and Terms of Use – **Check the box** if you have read and agree to the Privacy Notice the click **Continue**.
- You need to sign up for Thrive Health using your email address.

#### **STEP 6**

- Following the on-screen instructions will bring you to the main screen of Thrive Health. Please note that you need to complete **All THREE** components
  1. Your personal profile
  2. A consent for electronic communications (e-mail, virtual meeting, etc.)
  3. A health questionnaire
- The questionnaire is comprehensive. Please allot up to 40 to 60 minutes to complete this form. You could save your work if you are partially done. You may log into Thrive health at app.thrive.health again to complete the questionnaire another time.
- If you do not have an appointment date and time yet, please enter the date of registration for your personal profile creation.



The screenshot shows the "Providence Health History Patient Questionnaire for Test Patient" screen. It has three main sections, each with a red arrow pointing to a button:

- 1** **Complete Personal Profile** (Requested Apr 13, 2020). Description: "Your care team has requested that you provide profile information." Button: "Update Profile".
- 2** **Electronic communication consent** (Requested Apr 13, 2020). Description: "Please complete this consent form to receive electronic notifications and reminders from your doctors office." Button: "Review & Sign Form".
- 3** **Complete Patient Health History Questionnaire** (Not Available). Description: "You cannot start this task until you have completed: Complete Personal Profile." Button: (None visible, but a lock icon is present).